

## BELL SCHEDULE

### Regular Day

Period	Time	Minutes
1	7:25 to 8:10	45
2	8:15 to 9:00	45
3	9:05 to 9:50	45
4	9:55 to 10:40	45
5	10:45 to 11:30	45
6	11:35 to 12:20	45
7	12:25 to 1:10	45
8	1:15 to 2:00	45

### One Hour Delay

Period	Time	Minutes
1	8:25 to 9:03	38
2	9:08 to 9:46	38
3	9:51 to 10:29	38
4	10:34 to 11:11	37
5	11:16 to 11:53	37
6	11:58 to 12:35	37
7	12:40 to 1:18	38
8	1:23 to 2:00	37

### Activity Day

Period	Time	Minutes
1	7:25 to 8:05	40
2A	8:10 to 8:50	40
2B	8:55 to 9:35	40
3	9:40 to 10:20	40
4	10:25 to 11:03	38
5	11:08 to 11:46	38
6	11:51 to 12:30	39
7	12:35 to 1:15	40
8	1:20 to 2:00	40

### Two-Hour Delay

Period	Time	Minutes
1	9:25 to 9:55	30
2	10:00 to 10:30	30
3	10:35 to 11:05	30
4	11:10 to 11:40	30
5	11:45 to 12:15	30
6	12:20 to 12:50	30
7	12:55 to 1:25	30
8	1:30 to 2:00	30

### Mindful Monday

Period	Time	Minutes
1	7:25 to 8:09	44
2	8:14 to 8:58	44
3	9:03 to 9:55	52
4	10:00 to 10:44	44
5	10:49 to 11:33	44
6	11:38 to 12:22	44
7	12:27 to 1:11	44
8	1:16 to 2:00	44

### Three-Hour Delay

Period	Time	Minutes
1	10:25 to 10:48	23
2	10:53 to 11:16	23
3	11:21 to 11:44	23
4	11:49 to 12:11	22
5	12:16 to 12:38	22
6	12:43 to 1:05	22
7	1:10 to 1:33	23
8	1:38 to 2:00	22